## September 2022

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 1 <br> Breakfast: Granola Bars, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Tater Tot Casserole, Rolls, Vegetable, Fruit, Milk | 2 <br> Breakfast: Turnovers, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Cheeseburger, Fries, Vegetable, Fruit, Milk | 3 |
| 4 | $5$ <br> No School - Labor Day | 6 Breakfast: Breakfast Sandwich, Yogurt, Fruit, Juice, Milk <br> Lunch: BBQ Meatballs, Potato, Vegetable, Fruit, Milk <br> 4th Grade - Flowerfield | 7 <br> Breakfast: Peanut Butter and Jelly Sandwich, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Goulash, Bread Sticks, Vegetable, Fruit, Milk | 8 <br> Breakfast: Smoothie, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Dorothy Lynch Chicken, Potato, Vegetable, Fruit, Milk | 9 <br> Breakfast: Pancakes, Sausage, Yogurt, Fruit, Juice, Milk <br> Lunch: Turkey Bacon Wraps, Chips, Vegetable, Fruit, Milk | 10 |
| 11 | 12 Breakfast: Cinnamon Toast, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Ham and Potatoes, Vegetable, Fruit, Milk Board of Education Budget Hearing @ 6:30 p.m., Tax Asking Hearing @ 6:45 p.m. and Regular Meeting @ 7:00 p.m. @ Potter | 13 <br> Breakfast: French Toast, Yogurt, Fruit, Juice, Milk <br> Lunch: Roast Beef, Mashed Potatoes, Vegetable, Fruit, Milk | 14 <br> Breakfast: Long Johns, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Spaghetti, Garlic Bread, Vegetable, Fruit, Milk | 15 <br> Breakfast: Oatmeal, Yogurt, Fruit, Juice, Milk <br> Lunch: Meal in a Bowl, Vegetable, Fruit, Milk | 16 <br> Breakfast: Banana Bread, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Enchiladas, Spanish Rice, Vegetable, Fruit, Milk | 17 |
| 18 | 19 <br> Breakfast: Pop Tarts, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Sloppy Joes, Vegetable, Fruit, Milk | 20 <br> Breakfast: Biscuits and Gravy, Yogurt, Fruit, Juice, Milk <br> Lunch: Chicken Sandwich, Vegetable, Fruit, Milk | 21 <br> Breakfast: Muffins, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Hot Hamburger, Vegetable, Fruit, Milk | 22 <br> Breakfast: Nutrigrain Bars, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Chicken Alfredo, Vegetable, Fruit, Milk | 23 <br> Breakfast: Bagels with Cream Cheese, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Walking Tacos, Vegetable, Fruit, Milk | 24 |
| 25 | 26 <br> Breakfast: Danish, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Loaded Nachos, Vegetable, Fruit, Milk | 27 <br> Breakfast: Scrambled Eggs, Bacon, Yogurt, Fruit, Juice, Milk <br> Lunch: Tortellini Bake, Vegetable, Fruit, Milk | 28 <br> Breakfast: Yogurt Parfait, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Chicken and Noodles, Vegetable, Fruit, Milk | 29 <br> Breakfast: Granola Bars, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Chili, Cinnamon Rolls, Vegetable, Fruit, Milk | 30 <br> Breakfast: Scones, Cereal, Yogurt, Fruit, Juice, Milk <br> Lunch: Grilled Pepperoni and Cheese Sandwich, Vegetable, Fruit, Milk |  |

"This institution is an equal opportunity provider."

